Virginia Area Al-Anon 2019 Spring Assembly May 4-5, 2019

### **Delegate's Report**

#### On the 59th Annual World Service Conference

"Action is Attraction – There Is No Growth in the Comfort Zone"

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WSO website: www.al-anon.org

#### 1. What does a Delegate do?

- The World Service Delegate is an Al-Anon member elected at an Area Assembly.
- Represents all the Area groups at the annual World Service Conference (WSC).
- The Delegate is the primary communication link between the groups and the WSO.
- Shares the Area experience at 3 annual Conferences.
- Brings the views and the spirit of world-wide Al-Anon back to the Area.
- See the World Service Conference Chart on page 171 of the Service Manual.

#### 2. What is the World Service Conference (WSC)?

- It's the largest Informed Group Conscience of Al-Anon/Alateen world- wide.
- An annual business meeting attended by 67 Area Delegates from all over the United States, Puerto Rico, Canada and Bermuda, along with the Trustees at Large, Regional Trustees, WSO Executive Committee and WSO Administrative Staff.
- This year it had 94 voting members, plus some attendees with voice, but no vote, and an International visitor from Mexico.
- On Al-Anon's overall policy matters, the Conference makes the final decisions.
- The Conference can direct committees to further study or to refuse to act in a given situation.
- The Conference cannot mandate or govern the Al-Anon fellowship, which it serves.
- As part of their duties, Delegates are invited to serve on either a:
  - Thought Force
  - Task Force
  - o Or a Delegate Member committee.
- I'm on the "Thought Force: Identifying Ways to Look at Service in Relation to Roles, Terms and Possible Roadblocks."
  - That Committee's charge is to: "Complete a Knowledge-Based Decision-Making Process (KBDM) on new ways to look at roles and terms of service. Identify possible roadblocks to service that might arise if roles and terms were different."
  - This committee will continue to meet via teleconference throughout the summer and submit a report to the Chair of the Executive Committee by Sept. 1, 2019.
  - The Executive Committee could return the report for additions and/or revisions.
  - o The Final Report will be due Dec. 1, 2019
  - After that, I will be moved to a different committee, with a different charge.

#### 3. Trustees

- The Board of Trustees is made up of 7 to 21 volunteer members, one sustaining member (the Executive Director), Trustees at Large, and Regional Trustees.
- Regional Trustees present their resumes to their respective Areas.
- The qualifying chosen resume is then submitted to the WSO by the Area Delegate.
- The Virginia Area belongs to the Southeast Region.
- Currently the Southeast Region has a vacancy for our Regional Trustee, with 2 years of a 3 year term remaining.
- The deadline for submission of a resume by an interested candidate is August 15, 2019.
- See the WSO website for a listing of Duties, Qualifications and the resume form. <a href="www.al-anon.org>Members>Board of Trustees>WSO Volunteers> Qualifications">Qualifications</a>.

#### 4. WSO Finances

- A budget deficit of \$178,956 is projected for 2019. (See Attachment A).
  - Overall expenses are budgeted to increase this year, including:
  - Costs of French and Spanish interpretation services at the 2019 WSC.
  - o Increased travel expenses of WSO Staff and Board of Trustee members for:
    - 3 Zonal meetings
    - 6 TEAM Events in 2019
    - Cost-of-living salary increases (1% increase in this expense over 2018).
  - Estimated income is \$344, 194 less than last year's.
  - Estimated contributions at \$2,050,000 is slightly higher than last year's actual.
  - o A 4% transfer from Reserve Fund to General Fund is planned.
- WSO Expenses Per Group (Al-Anon and Alateen) for 2018. (See Attachment B).
  - Average Cost per Group: \$292.39
  - Average donation per group in USA/Canada: \$147.76, with 64.11% of groups donating.
  - Average donation per group in Virginia: \$119.01, with 70.1% of groups donating.
- NOTE: If every group donated \$8.00 more than they did last year, we could make up that deficit!
- CAL sales in 2018 were high because of the release of new literature, especially *Intimacy in Alcoholic Relationships* (B-33), as well as the pamphlet "Hope & Understanding for Parents and Grandparents," (P-94), the 50<sup>th</sup> Anniversary edition of *One Day at a Time*.
- Other than the new bookmark, Just for Tonight (M-81), no new CAL is planned for 2019.
- More details on WSO finances in subsequent Delegate reports.
- Copies of current financial reports available in the Delegate's Notebook on table.

#### 5. Highlights of the 2019 World Service Conference:

- 2019 WSC was the first tri-lingual Conference in its 59 year history.
  - o Our Delegate from Quebec East speaks only French.
  - Our Delegate from Puerto Rico is bilingual, but had an interpreter.
  - o Our International Representative from Mexico speaks only Spanish.

#### WSC members passed a total of 7 motions:

- A routine Seating Motion to allow non-voting members who had information to deliver to members to attend Conference.
- o Approval of the 2018 Annual Report from the Board of Trustees.
- Approval the 2018 Audited Financial Report.
- o Approval of the 2019 Finance Committee Report.
- 3 Motions to revise Service Manual texts:
  - Alateen Policy Text Revision no change in policy; text revision for clarity only.
  - Concept Five revisions to descriptive text only.
  - Text revisions on pages 139, 140.168 and 171.
  - These text revisions will be posted in the online version of the current Service Manual and will be in the printed version when it is released after 2021.
- Affirmation of nominees for Trustees at Large, Regional Trustees and a Board Officer of the Executive Committee for Real Property Management (ECRPM).
- Conference members heard reports from a variety of Committees, Thought Forces and Task Forces;
  - Policy Work Group Discussion Electronic Meetings
    - Currently there are 214 registered electronic Al-Anon meetings, with 1000s of members.
    - AFG Connects for Electronic meetings went live on Jan. 25, 2019.
    - Other electronic meetings not registered with WSO will be sent a letter inviting them to register.
    - No electronic Alateen meetings due to safety issues.
    - WSO meeting list is the place to find electronic meetings; Google searches pull up anything using our name. Beware.
  - o 2018 Al-Anon/Alateen International Convention with A.A. Participation, in Baltimore
    - 4,029 registered attendees, with 49 Alateens and 271 A.A. members.
    - 122 members self-identified as Spanish speakers; 37 as French speakers.
    - In addition to members from USA/Canada, Puerto Rico and Bermuda, members came from: Australia, Austria, Belgium, Cayman Islands, Colombia, Costa Rica, Denmark, Ecuador, El Salvador, England, France, Germany, India, Ireland, Lithuania, the Netherlands, New Zealand, Nicaragua, Panama, Qatar, Scotland, Singapore, South Africa, South Korea, Sweden, Switzerland and Uruguay.
    - 330 members volunteered to help put on the Convention.
    - Meetings were offered in English, Spanish, French, and in Sign Language.
    - Convention Finances:

Total Revenue: \$710,809
 Total Expenses: \$493,451
 Net Revenue: \$217,358.

- o 2020 A.A. International Convention with Al-Anon Participation
  - July 2 5, 2020, Detroit, Michigan
  - Online registration opens September 9, 2019.
  - Registration is \$115; after April 15, 2020, it goes up to \$140.
  - Between 50,000 and 60,000 attendees are expected.

#### o 2023 Al-Anon/Alateen International Convention with A.A. Participation

- June 29 July 2, 2023, Albuquerque, New Mexico.
- Further information will be announced as it develops.

#### Public Service Announcements

- Ready for Public Outreach use by August, 2019.
- 2 Versions:
  - One is aimed at the typical member female spouse in early 40s.
  - Second is based on the 20 Questions Bookmark.
  - Both are available in English, Spanish and French, with choices in length.

#### • Mega Issue: A Hybrid Conference

- o Defined as a "live" in person event at a physical location with a "virtual" online component.
- o Topic originated from the Conference Leadership Team.
- "Mega Issue" replaces the previous "Big Question," based on 2018 WSC evaluations.
- Over 3 days, Conference members explored various aspects of how this could be possible, what would be gained or lost and what members' feelings about it are.
- o Using the 4 Knowledge-Based Decision Making (KBDM) Questions, we discussed the topic.
- No resolutions; no decisions; ongoing process.
- Discussion comments will be recorded in the 2019 WSC Summary, available by August.

#### Board of Trustees Chosen Agenda Items

- Topic Whether or not a group that has a period of meditation or quiet time as part of its format is following the Legacies.
  - The Service Manual, p. 34, under 'WSO Registration Process,' states "... groups that practice specific therapies, such as guided meditation, are not in keeping with Al-Anon principles, and do not qualify to be registered as an Al-Anon group."
  - Courage to Change, Dec. 3, p. 338 defines meditation in Al-Anon terms and lists multiple ways to meditate.

#### "Encouraging Service" Break Out Session discussed:

- The group is fundamental; it is the basic unit of our fellowship. What are some ways we can support group growth?
- How can we encourage older and newer members in our Area to participate in service?
- What are some ways we can increase new member participation?
- How can we address the issue of gaps in the links of service?

#### Electronic/Virtual District and Area Business meetings Break Out Session Discussed:

- How can we step out of our comfort zone in this case face-to-face District and Area business meetings – and incorporate electronic participation?
- Our Virginia Area seems to be among the Areas that are already doing this.
  - Area Officer meetings;
  - Committee meetings Convention Planning and Long Range Planning;
  - Some District meetings are using our WebEx capacity.
- Some Areas have not yet begun discussing this.
- Other Areas are somewhere in between.

#### • International Coordination Committee report

- o Report from Staff members' visits to Al-Anon in Greece and in Norway, Finland, Sweden and Estonia.
- 40% of world-wide Al-Anon meetings are outside the WSO organization structure; they have a national structure of their own, or an evolving structure.
- The 2018 Annual Report contains more detailed information on what WSO is doing in many countries around the world.
- See the WSO website for much more information on international outreach and for the biennial meetings of the International Al-Anon General Services Meeting (WSO website>members>International>IAGSM Summaries.

#### Speakers:

- International Representative Speaker Maria Lourdes Morales Jimenez, from Mexico (in Spanish, with translation.)
- o 3 Minute "Sharing Ourselves" talks from Delegates across USA/Canada.
- Opening Dinner Outgoing Chairperson of the Executive Committee, Paula Burleson.
- Closing Dinner with 2 Spiritual Speakers, Sarah Smith, Panel 57, Missouri and Terry Tavel, Panel 57, Alaska (and my new Mentor!)
- o I brought back 3 sets of Speaker CDs to loan out.

#### • 2020 World Service Conference Dates:

- o Monday, April 20 through Friday, April 24.
- o Arrive Sunday, April 19; depart Saturday, April 25.
- Site will be the same hotel as 2019, Sheraton Virginia Beach Oceanfront Hotel, 3501 Atlantic Ave.,
   Virginia Beach, VA 23451.
- Thank you, thank you for all the wonderful Love Gifts and cards!
- Thank you, Duane, for the beautiful flowers!

#### **ATTACHMENT A**

#### **MEMORANDUM**

**TO: Conference Members** 

FROM: Joan S., Treasurer, Trustee

Niketa Bailey, Director of Finance & Operations (non-member)

## SUBJECT: Highlights of the 2019 Budget

**DATE: March 5, 2019** 

The 2019 Budget shows that we expect expenses to be \$178,956 more than revenue for the year. We are estimating expenses to be \$5,566,556 and revenue to be \$5,387,600.

#### **PROJECTED EXPENSES**

Overall expenses are budgeted to increase by \$174,648 from last year's actual. The increase is related to the costs of French and Spanish interpretation at the 2019 World Service Conference, execution of Strategic Plan Initiatives, and increased travel and meetings (there will be three Zonal meetings and six Team Events in 2019). Salaries are budgeted for normal cost-of-living increases, which represent only a 1% percent increase in salary expense over 2018's budget.

#### **ESTIMATED INCOME**

We are estimating income from 2019 literature sales to be about \$344,194 less than last year's and Forum subscription income to be comparable to the prior year's. Literature sales income is expected to be less than it was in 2018, when new literature was introduced. We are budgeting contributions to be \$2,050,000, which is slightly higher than last year's actual. Beginning in 2008, we agreed to transfer up to 4% of the fair value of the Reserve Fund to the General Fund. For 2019, we have budgeted a transfer of 4% again.

Distributed at the 2019 World Service Conference

#### ATTACHMENT B, Page 1 of 2

2018 WSC Structure Contributions (including other countries with 2017 for comparison)

United States:	Area	% of Groups	Average For Groups	2018	2017	United States:	Area	% of Groups	Average For Groups			2018	2017
Alabama/NWF	64AL	59.4%	6 129.77 Group Other*	\$11,160	\$10,926 1,395	Oklahoma	460K	59.6%	129.68	Group Other*		\$11,412	\$12,473
Alaska	63AK	68.4%	6 207.13 Group	2,107 4,350	5,366	Oregon	47OR	69.9%	138.11	Group		1,533 22,788	1,162 22,687
Arizona	01AZ	71.2%	•	1,444 \$40,014	2,438 \$35,457	Pennsylvania	48PA	75.3%	108.86	Other* Group		8,729 37,775	12,935 36,517
Arkansas	02AR	56.6%	Other* 6 143.77 Group	17,685 7,620	14,242 6,374	Puerto Rico	62PR	65.2%	65.30	Other* Group		11,571 980	11,676 943
			Other*	1,014	2,359					Other*		412	166
California N California S	03CAN 04CAS	68.5% 71.5%		85,889 114,349	83,398 114,612	Rhode Island	49RI	70.6%	161.73	Group Other*		6,146 1,011	5,703 612
Camornia 5	OTCAS	71.57	Other*	62,337	102,831	South Carolina	50SC	77.4%	194.11	Group		19,799	16,783
Colorado	05CO	67.1%	•	24,713	26,016					Other*		2,069	1,471
Commentions	0767	72.40	Other*	9,822	11,374	South Dakota	51SD	73.6%	166.73	Group		6,503	6,950
Connecticut	07CT	72.1%	31.19 Group Other*	22,695 6,420	24,200 2,203	Tennessee	52TN	56.9%	156.47	Other* Group		1,611 17,838	1,620 16,272
Delaware	08DE	62.5%		4,263	5,782					Other*		4,271	4,890
			Other*	1,785	638	Texas E	53TXE	59.8%		Group		44,425	41,590
Florida N	09FLN 10FLS	77.2% 79.2%		53,002	56,244 31,744	Texas W	54TXW	56.0%	190.11	Group		24,334	24,360
Florida S	10FL3	79.27	6 135.07 Group Other*	29,581 27,102	31,574	Utah	55UT	73.3%	167.70	Other* Group		14,963 7,379	20,308 6,703
Georgia	11GA	66.5%		38,005	42,788					Other*		7,336	3,759
			Other*	9,230	9,796	Vermont	56VT	62.1%	119.63	Group		4,666	3,652
Hawaii	12HI	81.2%	6 137.76 Group Other*	8,541 1,530	7,087	Virginia	57VA	70.1%	119.01	Other*		1,144	2,566
Idaho	13ID	46.9%		7,302	2,116 6,342	Virginia	5/VA	70.1%	119.01	Group Other*		23,803 15,018	24,349 9,623
			Other*	1,497	661	Washington	59WA	68.5%	127.17	Group		32,684	31,018
Illinois N	14ILN	75.2%	•	54,817	58,695					Other*		20,096	15,347
Illinois S	16ILS	62.8%		7,060 9,994	6,655 10,993	West Virginia	60WV	63.8%	125.70	Group		3,520 709	2,904 1,250
Indiana	17IN	65.1%	Other* 89.96 Group	12,955	12,983	Wisconsin/UPMI	61WI	64.3%	120.61	Other* Group		26,654	24,901
maiana	27•	03.27	Other*	4,056	6,097	visconsily or ivi	02***	01.570	120.01	Other*		8,125	21,588
Iowa	18IA	64.8%		15,077	14,017	Wyoming	90WY	59.0%	148.53	Group		3,416	3,623
			Other*	3,686	2,002					Other*		1,623	879
Kansas	20KS	64.1%	6 89.50 Group	8,681	8,939	TOTAL U.S.A.						1,658,827	1,701,569
			Other*	4,781	1,764							,,-	, . ,
Kentucky	21KY	62.0%		25,222	28,298								
Louisiana	22LA	69.9%	Other* 6 140.41 Group	7,981 14,602	10,029 14,786	Canada:			C\$	US\$	C\$	US\$	
Louisiaria	2217	03.37	Other*	2,386	5,098	Gariada.			Oφ	σσφ	Οψ	ΟΟφ	
Maine	23ME	63.5%		8,696	8,176	Alberta/NWT	80AB/NT	61.4%	183.08	164.77 Group	20,545		21,600
			Other*	1,771	3,177					Other*	8,259		5,886
Massachusetts	25MA	82.7%	6 154.14 Group Other*	48,091 9,909	46,334 9,660	BC/Yukon	81BC/YT	68.8%	194.45	175.01 Group Other*	26,143 3,480		24,059 2,658
Maryland/DC	24MD/DC	78.1%		37,737	39,199	Manitoba/NOW	82MB	65.5%	138.95	125.06 Group	6,330		5,827
			Other*	19,866	22,178					Other*	1,543		536
Michigan	27MI	51.7%		20,982	22,150	Newfoundland	83NL	77.3%	99.79	89.81 Group	2,106		1,989
Minnesota S	28MNS	58.4%	Other* 6 123.72 Group	4,234 24,867	6,164 22,927	Ontario N	84ONN	51.4%	145.00	Other* 130.50 Group	245 3,061		234 1,588
Minnesota N	29MNN	75.2%	•	10,363	10,705	Ontario S	86ONS	54.9%		116.13 Group	29,820		30,221
			Other*	11,660	9,826					Other*	4,594		4,229
Mississippi	30MS	45.0%	6 114.53 Group Other*	3,894 821	3,271 168	Quebec E Quebec W	87QCE 88QCW	70.5% 73.5%		73.46 Group 134.72 Group	5,352 17,962		6,513
Missouri	31MO	60.3%		22,421	24,754	Quebec w	ooqcw	73.370	145.05	Other*	5,959		15,275 4,570
			Other*	16,054	16,040	Saskatchewan	89SK	51.8%	117.81	106.03 Group	8,901		8,646
Montana	32MT	58.3%	•	11,869	10,942					Other*	2,708		1,946
Nebraska	33NE	59.3%	Other* 150.61 Group	3,158 12,049	3,814 10,060	Maritime Provinces	91MP	66.4%	97.29	87.56 Group Other*	6,811 1,250		6,682 1,001
Nebiaska	SSINE	33.370	Other*	3,439	835					Other	1,230	1,123	1,001
Nevada	34NV	72.7%		13,623		TOTAL CANADA					155,068	139,561	143,460
			Other*	11,418	5,943								
New Hampshire	35NH	85.3%	187.61 Group Other*	12,757 2,687	9,585 3 601	Other COUNTRIES						7,242	8,065
New Jersey	36NJ	60.3%		23,269	23,425	Other GOOMTMES						7,242	0,000
			Other*	1,853	2,840	Bequests and Undesignated						147,831	119,838
New Mexico/EP	38NM	55.9%	•	9,254	9,433								
New York N	39NYN	64.7%	Other* 103.94 Group	2,598 18,086	3,007 18,922	GRAND TOTAL						1,953,460	1.972.931
New York S	40NYS	61.1%		28,946	30,946	0.0.0.2						.,000,.00	.,0.2,00.
			Other*	16,512	16,236								
North Carolina/BD	A42NC/BDA	467.7%138.		31,952	12.450								
North Dakota	43ND	71.1%	Other* 188.89 Group	9,779 5,667	12,150 5,046				Total	% of Average	ie .		
		. 2.2/	Other*	1,030	625			Total	Groups	Groups For Group			
Ohio	440H	57.9%		26,898	27,194			Groups	Contributing	Contributing Contrib	outing		
* Other contribution	ons include	individuala	Other* and contributions fron	15,301 n AISs I DCs and	8,899	2018 USA/Canada		14,551		64.11% \$147.7			
omer contribution	ons miciuue	muividudIS	, and contributions from	11 MIJS, LDCS, d110	area meeti		2017 USA/Canada Summary 14,749			63.83% \$146.9	13		
Distributed at the	Distributed at the 2019 World Service Conf.						Estimated cost of services provided			\$4,254,541 \$202.30			
Average cost of services per of									\$292.39				

# **WSO EXPENSES PER GROUP**

# (Al-Anon and Alateen) 2018

Total Expenses (2018 Audit page 4)	\$ 5,416,985	
Less Donated Non Cash Services (2018 Audit page 4)	\$ (25,077)	
Less Literature Distribution Services (2018 Audit page 4)	\$ (859,503)	
Adjusted Total Expenses		\$ 4,532,405
Less Forum Expenses		
Postage	\$ 105,575	
Printing	\$ 81,224	
Forum Before Overhead	\$ 186,799	
Estimated Overhead	\$ 91,06 <u>5</u>	
Total Forum Expense		\$ (277,864)
Estimated Cost of Group Services		\$ 4,254,541
Number of US & Canadian Groups		14,551
Costs per Group		\$ 292

Distributed at the 2019 World Service Conference